

CRYSTALS & OILS



AVOID IN OILS AND ELIXIRS:

Amazonite	Chrysoprase	Kyanite	Morganite
Aquamarine	Dalmatian Jasper	Labradorite	Ruby
Aura crystals	Dumortierite	Lapis Lazuli	Sapphire
Azurite	Emerald	Lepidolite	Smoky Quartz
Beryl	Fluorite	Magnetic Hematite	Sodalite
Boji Stone	Garnet	Moonstone	Sunstone
Bumble Bee Jasper	Hematite	Morganite	Tourmaline
Calcite	Howlite	Pyrite	Turquoise
Chrysocolla	Iolite	Tigers Eye	Zoisite

GENERALLY CONSIDERED SAFE:

Clear Quartz
Amethyst
Blue Lace Agate
Rose Quartz
Citrine
Carnelian
Onyx

***These are NOT exhaustive lists. Please do further research before deciding which crystals to add to your oils and elixirs. Talk to your doctor if you are pregnant, nursing, taking medications, or have any existing medical conditions.



You can purchase Crystal Roller Bottles at
ivyandlight.com